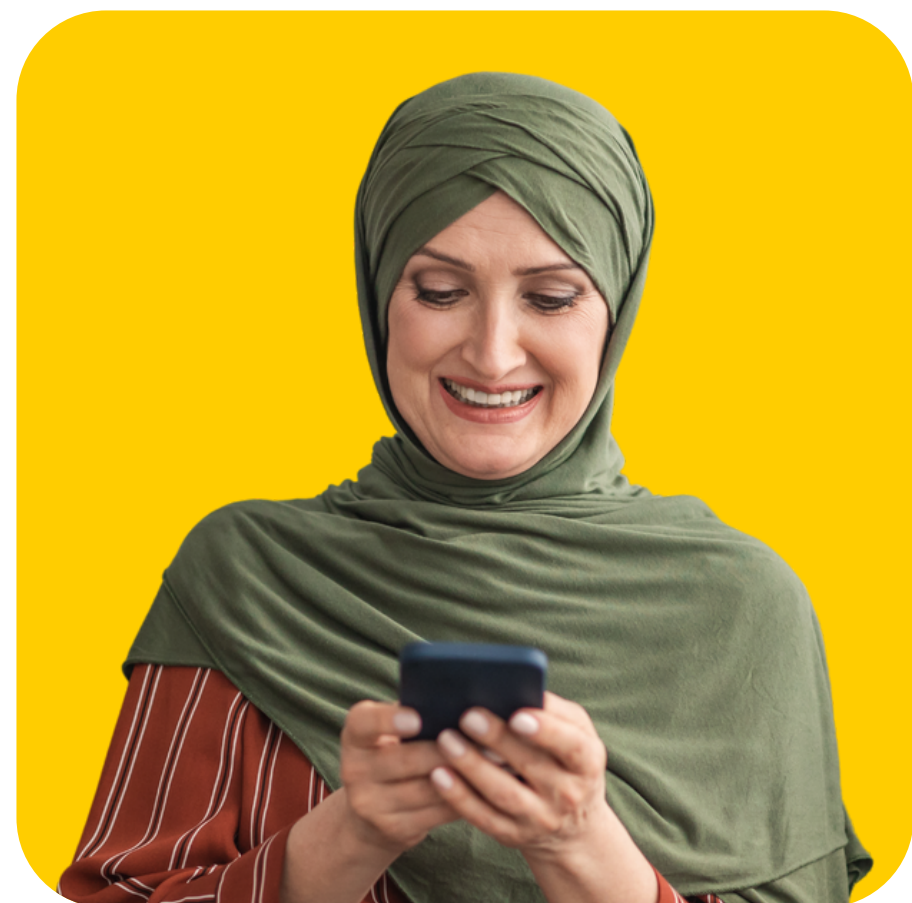




How employers are taking action



Menopause friendly accreditation

HSBC, First Direct and M&S Bank are amongst the first organisations in the UK to be accredited as Menopause Friendly.

Following independent assessment, organisations that are members of Menopause Accreditation will receive accreditation as an 'Accredited Menopause Friendly Employer', and a badge to demonstrate their commitment to colleagues' wellbeing, and demonstrate that they are taking action rather than just talking about menopause support.

[Learn more](#)



Training and events



Employers are adding menopause to their wellbeing agenda by hosting educational webinars, Lunch & Learns and training sessions for their workforce.



Menopause is not just a women's issue, so these training sessions and events should be open to all – and even specifically target the men in your organisation.



Peppy – hosts regular webinars and Lunch & Learns on the topic of menopause aimed at HR and Benefits professionals, all free of charge.



Menopause in the Workplace – offer line manager training and events for employees.



Key dates can be a good opportunity for awareness events

**Menopause Awareness Month
(September)**

**World Menopause Day
(18th October)**

**Fertility Awareness Week
(first week in November)**

**International Women's
Day (8th March)**