

Men's Health Survey

Compared to women, men are significantly less likely to seek out healthcare support

Share this anonymous survey with your people to find out what your people want and need in terms of men's health support



Find out how personalised men's health support could benefit your people and your business

[Take me there](#)



The survey should take less than 5 minutes.

1 What is your age?

18-29

30-39

40-49

50-59

Over 60

2 Have you been concerned about an aspect of your physical and/or mental health?

Yes, in the past but not now

Yes, ongoing

No

Not sure

**3 What area(s) of your health interests you the most?
Multi select.**

Ageing

Prostate

Sexual health

Stress

Weight

Exercise

Other (please specify)



4 In the past year, have you Googled a health-related question?

Yes

No

5 Physically, how are you feeling?

Scale 1 - 10

1 2 3 4 5 6 7 8 9 10

6 Mentally, how are you feeling?

Scale 1 - 10

1 2 3 4 5 6 7 8 9 10

7 How confident do you feel discussing your health with your line manager?

Scale 1 - 10

1 2 3 4 5 6 7 8 9 10

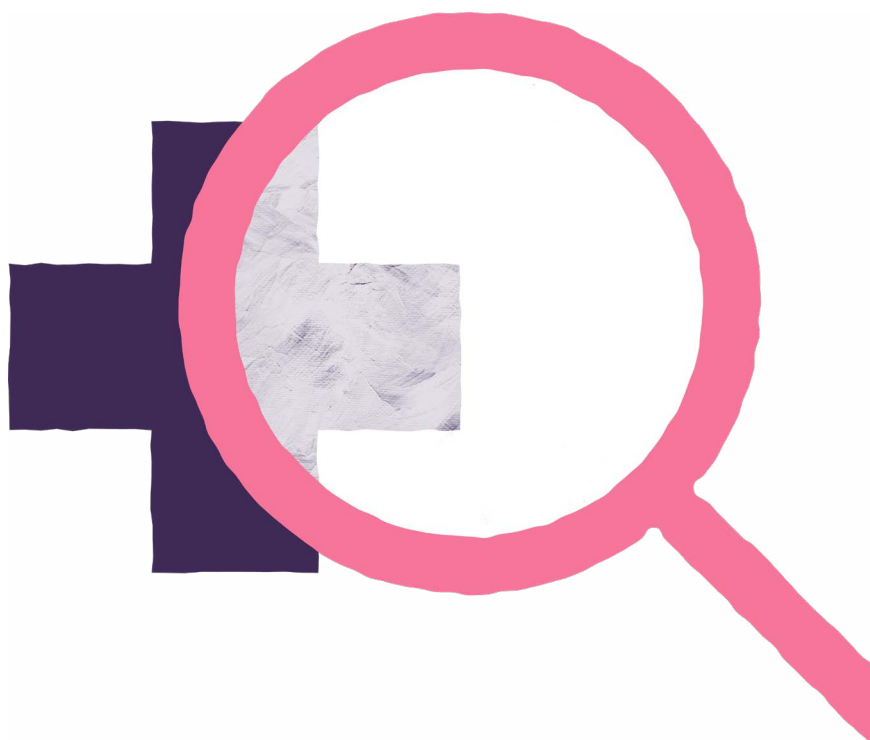
8 Over the past year how many days have you had to take off work due to illness?

None

1-5 days

6-12 days

12 or more days





9 Do you feel you have enough support from work for your health?

Yes

No

Not needed

10 If you are a manager, have you been offered specific training or education on supporting male colleagues with their health?

Yes

No

Not sure

I'm not a manager

11 How easy is it for you to visit the GP?

Scale 1 - 10

1 2 3 4 5 6 7 8 9 10

12 How would you like to receive support and information about men's health? Tick all you think would be useful to you.

Intranet resources

Leaflets and posters

Information sessions

Videos

Articles

One-to-one mobile consultation

Other (please specify)